



RUNWELL COMMUNITY PRIMARY SCHOOL DINNER MENU



Week 1 commencing: 2, 16, 30 January, 20 February, 6, 20 March

	Monday	Tuesday	Wednesday	Thursday	Friday
Yellow Band	Pepperoni Pizza Gluten, milk May contain egg, soya	Quorn Sausage & Tomato Pasta Bake Gluten, celery	Local Butcher's Roast Chicken & Yorkshire Pudding Gluten, milk, egg	Pork Meatballs in a Rich Tomato Sauce Celery	Breaded Chicken Nuggets Gluten, mustard
Green Band	Cheese Pizza Gluten, milk May contain egg, soya	Macaroni Cheese Gluten, milk, mustard	Roast Quorn Fillet & Yorkshire Pudding Gluten, milk, egg	Quorn Meatfree Balls in a Rich Tomato Sauce Celery, gluten, egg	Omelette Egg, milk
Brown Band	Jacket Potato with Tuna Fish, egg, mustard or Cheese Milk	Jacket Potato with Cheese Milk or Baked Beans	Ham wrap Gluten	Tuna Mayo Baguette Fish, egg, mustard, gluten May contain sesame	Ham, Tomato & Cheese Whirl Gluten, milk May contain egg, soya
Blue Band	Cheese wrap Gluten, milk	Cheese wrap Gluten, milk	Cheese wrap Gluten, milk	Cheese wrap Gluten, milk	Cheese wrap Gluten, milk
	Sweetcorn or Peas Salad Bar	Baked Beans Carrots Salad Bar	Roast Potatoes Carrots Cauliflower Gravy	Rice Green beans Salad Bar	Chips Peas Salad Bar
	Vanilla crunch Gluten, egg Fresh Fruit Yoghurt Milk	Fresh Fruit Yoghurt Milk	Apple Crumble Gluten Fresh Fruit Yoghurt Milk	Ice Cream Milk Fresh Fruit Yoghurt Milk	Chocolate Cookie Gluten, milk Fresh Fruit Yoghurt Milk



Week 2 commencing: 9, 23 January, 6, 27 February, 13, 27 March

	Monday	Tuesday	Wednesday	Thursday	Friday
Yellow Band	Cheese Pizza Gluten, milk May contain egg, soya	Beef Bolognese Celery	Butcher's Pork Sausage Gluten, sulphites	Chicken Fajita Wrap Gluten	Fish Fingers Fish, gluten
Green Band	Spanish Omelette Egg, milk	Quorn Bolognese Celery, gluten, egg	Quorn Sausage Gluten	Vegetable Fingers Gluten	Quorn Dippers Gluten
Brown Band	Jacket Potato with Tuna Mayo Fish, egg, mustard or Cheese Milk	Ham Baguette Gluten, milk May contain sesame	Tuna Mayo Wrap, Pasta and Salad Fish, egg, mustard	Jacket Potato with Cheese Milk	Ham Pasta Salad Gluten
Blue Band	Cheese wrap Gluten, milk	Cheese wrap Gluten, milk	Cheese wrap Gluten, milk	Cheese wrap Gluten, milk	Cheese wrap Gluten, milk
	Sweetcorn or peas Salad Bar	Pasta Gluten Green beans Cauliflower Salad Bar	Mash Potato Carrots, Broccoli Baked Beans, Gravy	Rice Roasted Vegetables Peas Salad Bar	Chips Sweetcorn Tomato Ketchup Salad Bar
	Flapjack Gluten Fresh Fruit Yoghurt Milk	Fresh Fruit Yoghurt Milk	Fruity Jelly Fresh Fruit Yoghurt Milk	Chocolate Muffin Gluten, egg, milk Fresh Fruit Yoghurt Milk	Lemon Cookie Milk, gluten Fresh Fruit Yoghurt Milk

Bread will be available every day.
Food allergies and dietary requirements will be catered for accordingly.
Some changes may be necessary due to availability of products.

If your child is in Key Stage 2 and you think you might be entitled to benefits-based free school meals, please speak to Mrs Waugh.